

WEEKLY MENU

WEEK 1
WEEK 2
WEEK 3



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

THEME DAYS

MAIN



Smokey BBQ Pulled Jackfruit

Super Swirl Veggie Pasta (G/W)

Roasted Vegetable Casserole

DF Margherita Pizza (G/O*, W)

Roasted Vegetable & Mixed Bean Chilli con Carne

S

SIDES



Steamed Rice with Sweetcorn & Green Beans

Peas & Sweetcorn

Rustic Roast Potatoes & Seasonal Vegetables

Homemade Potato Wedges & Baked Beans

Steamed Rice & Peas

S

S

S

PASTA & JACKET



Jacket Potato with Baked Beans & DF Cheese

Jacket Potato with Baked Beans & DF Cheese

Jacket Potato with Baked Beans & DF Cheese

Jacket Potato with Baked Beans & DF Cheese

Jacket Potato with Baked Beans & DF Cheese

PUD



AA Vanilla Cake

Golden Pear Crumble (G/B*, O, W)

Vanilla Shortbread (G/W)

Fruit Jelly

AA Vanilla Cake

S

Daily Salad Bar | Homemade Bread | Fresh Fruit

DATES

31 AUG / 21 SEPT / 12 OCT / 9 NOV / 30 NOV

ALLERGENS

CE = CELERY
CR = CRUSTACEAN
E = EGGS

F = FISH
G = GLUTEN
G/B = BARLEY

G/O = OATS
G/R = RYE
G/W = WHEAT

L = LUPIN
MK = MILK
MO = MOLLUSCS

MU = MUSTARD
N = NUTS
P = PEANUTS

SO = SOYA
SU = SULPHUR
SE = SESAME SEEDS

* = MAY CONTAIN
S = SEASONAL VEG



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THEME DAYS

MAIN



**DF Roasted Butternut
Squash Topped Mac &
Cheese
(G/W)**

S

**Veggie Curry
(CE, G/B*, O*, R*,
W*)**

S

**Veggie Sausage & Gravy
(G/W)**

S

**Roasted Squash & Root
Vegetable Pasta
(G/W)**

**DF Margherita Pizza
(G/W)**

SIDES



Peas & Sweetcorn

S

**Steamed Rice with
Sweetcorn**

S

New Potatoes & Carrots

S

Broccoli

S

**Homemade
Potato Wedges &
Baked Beans**

S

PASTA & JACKET



**Jacket Potato with
Baked Beans & DF
Cheese**

**Jacket Potato with
Baked Beans & DF
Cheese**

**Jacket Potato with
Baked Beans & DF
Cheese**

**Jacket Potato with
Baked Beans & DF
Cheese**

**Jacket Potato with
Baked Beans & DF
Cheese**

PUD



AA Vanilla Cake

**Chocolate Shortbread
Biscuit
(G/W)**

**Sticky Toffee Apple
Crumble
(G/W)**

S

AA Jam Sponge

Fruit Iced Lolly

Daily Salad Bar| Homemade Bread| Fresh Fruit



DATES

**7 SEPT / 28 SEPT / 19
OCT / 16 NOV / 7 DEC**

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THEME DAYS

MAIN



Sticky Veggie Pasta Surprise
(CE, G/W)

Tex Mex Mild Veggie Chilli
(CE)

Roast Jerk Quorn Fillet
(G/W)

Jerk Vegetable Curry
(CE, G/B*, O*, R*, W*)

DF Margherita Pizza & Chips
(G/W)

SIDES



Broccoli

Steamed Rice & Broccoli

Rustic Roast Potatoes & Medley of Seasonal Vegetables

Rice & Peas

Beans or Peas

PASTA & JACKET



Jacket Potato with Baked Beans & DF Cheese

Jacket Potato with Baked Beans & DF Cheese

Jacket Potato with Baked Beans & DF Cheese

Jacket Potato with Baked Beans & DF Cheese

Jacket Potato with Baked Beans & DF Cheese

PUD



AA Berry Sponge

AA Vanilla Sponge

Vanilla Shortbread
(G/W)

Mixed Berry Crumble
(G/W)

AA Chocolate Cake

Daily Salad Bar | Homemade Bread | Fresh Fruit

DATES

14 SEPT / 5 OCT / 2 NOV / 23 NOV / 14 DEC

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